



Honorable News!

Spring 2019

The mission of the Southwest Minnesota Nursing Honor Society is of advancing world health and celebrating nursing excellence in scholarship, leadership, and service.

Society Newsletter, Volume 2, Issue 1

Summer Series 2019: Certified Nurse Educator

(CNE) Prep Course Review

The first Summer Series of the Southwest Minnesota Nursing Honor Society is planned for May 21, 2019 from 9:00 am to 4:25 pm. The course is based on the blueprint for the CNE examination. See the website for more information at

<http://www.southwestmnnursinghonorsociety.com/>

Certified Nurse Educator (CNE)
Prep Review Course
6 contact hours

Nursing Society Submits Application to Become Chapter of Sigma Theta Tau International!

The Southwest Minnesota Nursing Honor Society application to request a Chapter status with Sigma Theta Tau International was written and submitted by Dr. Nancyruth Leibold. The application is lengthy and goes through a rigorous review process. Currently, the review process is underway. Hopefully, we will hear good news by the end of the summer!

Stay tuned for future updates of the progress!

New Society Officers and Leaders

Effective July 1, 2019 through June 30, 2021
our new Society Officers and Leaders are:

Vice President, Dr. Mary Bemker
Treasurer, Mrs. Lindsay Rohlik
Newsletter Chair, Mrs. Libby Halvorson
Leader Succession Chair, Dr. Dawn Gordon

Thanks for the Leadership Succession Chair
and Committee!

***Congratulations to our new Officers and
Leaders!***

Detailed roles and responsibilities of Southwest Minnesota Nursing Honor Society Leaders are found on the website under the menu heading: *Role Descriptions* at <http://www.southwestmnnursinghonorsociety.com/Role-Descriptions.php>

From the President



Dr. Laurie Jo Johansen, Society President

Greetings to all!

As I sit down to write a greeting to everyone, I am pondering the significance of Nurses' Week. I am so proud of the many valuable nurses in the Southwest Minnesota Nursing Honor Society (SMNHS) and I hope you are all proud to be a member of the nursing profession – as Nurses' Week recognizes you. Whether you, as a member of SMNHS, are a student, novice nurse, or experienced leader, you are the future of nursing. It was noted in the 2018 Gallop Poll that nursing was again the most trusted profession for the 17th year in a row (Colduvell-Gaines, 2019). Obviously, nursing professionals are valued members of society. Four out of five Americans rated the ethical standards, and honesty, of nurses to be 'high' or 'very high.' That sets a high standard for our future!

Speaking of high standards, these are exciting time within the SMNHS! It is my hope that when I sit down to write my next greeting to all of you for the SMNHS newsletter, we will have announced that we have been accepted to become a chapter of Sigma Theta Tau International (STTI). Dr. Nancyruth has

diligently worked on the application to STTI that was submitted earlier this year to assure that SMNHS has met all the standards required for membership in STTI. Her hard work and dedication have continued to build the strength of the SMNHS, as well as recognition of the importance of nursing in southwest Minnesota. Stay tuned for the results of our application. We will communicate details of our acceptance into STTI, if that is the path that opens to us, and inform you about how being a chapter in STTI will impact membership or possible conversion of our members to STTI. Look for future contacts as we share any details about our application, once we know the results. The SMNHS Newsletter is an exciting way to keep current with all that is happening. For ongoing information, including membership information, please see our website at:

<http://www.southwestmnnursinghonorsociety.com>

Dr. Laurie Johansen, Society President

Reference

Colduvell-Gaines, K. (2019). *Nurses rank most honest profession 17 years in a row*. Retrieved from <https://nurse.org/articles/nursing-ranked-most-honest-profession/>



2019 Honor Society Awards

**Outstanding Student of the Year:
Ashley Yost!**



Ashley Yost (left) receives Outstanding Student Award from Angela Chesley (right)

**Excellence in Nursing Leadership Award
presented to Dr. Laura M. Schwarz!**



Angela Chesley (right) presents Laura Schwarz (left) the Excellence in Nursing Leadership Award

**Laura Hoffman is the 2019 Recipient of the
Berniece E. Morris Memorial Scholarship!**



Laura Hoffman (left) receives the Berniece E. Morris Memorial Scholarship from Angela Chesley (right). Laura is currently a doctoral nursing student.

**Emerging Leader Awarded to
Lindsay Rohlik!**



Lindsay Rohlik (left) receives Emerging Leader Award from Angela Chesley (right)

Congratulations!



Welcome to Our New Members!

Spring 2019 Induction



Southwest Minnesota Nursing Honor Society held Spring 2019 Induction on April 8, 2019. Seven new members joined the Society since our last induction: 4 undergraduate members and 3 nurse leaders. The ceremony was emceed by Society President Laurie Jo Johansen.

Welcome to Our New Members! We are glad you have joined us!
(since last newsletter)

Contact Information



Please keep the Southwest Minnesota Nursing Honor Society updated on your contact information! If you change your phone number, or name, or email, or address, please send the updated information to Nancyruth Leibold @ Nancyruth.leibold@smsu.edu

Thanks!

Undergraduate Students

Terry Anderson
Alicia Engstrom
Pamela Gisemba
Charlotte Powers

Nurse Leaders

Lacey Michelle Dirks
Miriam Huhta Dozier
Faith Johnson



Member Spotlight: Molly Burkholder!



Molly Burkholder, RN, BSN

I had the extreme pleasure of interviewing Molly Burkholder for this edition of Member Spotlight! Her honor brief follows:

Year she Joined Honor Society: 2018

Hometown: grew up in Osage, Iowa and currently lives in the town of Kensett, Iowa.

Place of work and role: Molly works in Albert Lea, MN and after 8 years in Labor and Delivery, recently moved to Freeborn County Public Health as a Public Health Nurse.

Favorite quote: "I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel." -Maya Angelou.

Favorite nurse theorist: Florence Nightingale! Molly said, "Sometimes I wonder what she would think of the nursing profession and today's health care in general."

Proudest accomplishments: Graduating with her Associate Degree in Nursing and Baccalaureate Degree in Nursing Science! Molly is also proud of her daughters and enjoys watching them grow and learn!

Future aspirations: I am looking forward to mastering my new role in Public Health and watching/guiding my girls through elementary school and eventually high school. I am also looking forward to enjoying family vacations!

Pets: Molly is an animal lover! "We have a German Shorthair named Maya that we rescued from a shelter, a black cat named Panther (named by my daughters) who was born in our bathroom last year from a rescued stray, and two beta fish named Coral and Flounder (my daughters' fish)."

Nursing Interests: For nursing interests, Molly is passionate about labor and delivery and maternal child health. She will always have a place in her heart for these nursing interests, no matter where her career takes her!

Family and Life Interests: Molly is married with two daughters (7&8). She likes to play cards and board games with her family and exclaims—"it's fun teaching our girls new games." Molly enjoys camping and is ready for warm weather!

Submitted by Nancyruth Leibold

Southwest Minnesota Nursing Honor Society Website

The Southwest Minnesota Nursing Honor Society has a progressive website that is updated at least twice per month according to Nancyruth Leibold, the Society Webmaster.

<http://www.southwestmnnursinghonorsociety.com/>

Southwest
Minnesota Nursing
Honor Society

Educational Webinar: *Bridging Student and Family Centered Mental Health in School Systems*



Family open clip art by Michali

On February 11, 2019, the Southwest Minnesota Nursing Honor Society hosted an Educational Webinar: Bridging Student and Family Centered Mental Health in School Systems by Lindsay Rohlik, MSN, RN, PHN, LSN. Lindsay, a Society member, shared her expertise with us at this event!



Lindsay Rohlik, MSN, RN, PHN, LSN

Research Study Review: Emotional Intelligence and Clinical Reasoning

Research Summary by Nancyruth Leibold

The use of emotional intelligence (EI) during clinical reasoning and decision making was studied with qualitative methodology using constructivist thematic analysis (Hutchinson, Hurley, Kozlowski, & Whitehair, 2018). Hutchinson et al. (2018) report three themes: Capability, Motivation, and Reasoning. Capability is described as the sensibility to use EI in clinical nursing by being aware of emotions in self and others. Motivation is the drive to connect with emotions such as empathy and respect for patient/family. Reasoning is the use of emotions in decision-making and cognate functions. Hutchinson et al. (2018) conclude the study provides some data about how nurses use EI during clinical reasoning and decision making. The study is of great value because of the focus on EI, decision making, and clinical reasoning. Further investigations are urgently needed to examine the relationship between EI and Cognition used by nurses.

Reference

Hutchinson, M., Hurley, J., Kozlowski, D., & Whitehair, L. (2018). The use of emotional intelligence capabilities in clinical reasoning and decision-making: A qualitative, exploratory study. *Journal of Clinical Nursing*, 27(3-4), e600-e610. doi:10.1111/jocn.14106

March 2019 Fundraiser a Huge Success!

A silent auction fundraiser was held on March 26, 2019. This fundraiser helps to support Society projects, such as our programs and awards! The silent auction raised \$407 this year! Thank you to members who donated items to the silent auction for this fundraiser! And thank you to those who participated in the auction!



2019 Silent Auction

The 2019 Spring Summit was held on March 26, 2019 at SMSU campus in Marshall, MN and was attended by 114 people. The esteemed speakers spoke about these topics:

Dr. Laura Schwarz: Holistic Leadership

Dr. Kathi Sowada: Acupressure: Potent Points for Hands-on Healing

Lacey Dirks: Intercultural Nursing Service: Giving Care Abroad

Dr. Laurie Jo Johansen: Trusting Relationships in Rural Nursing



2019 Spring Summit: Excellence in Rural Nursing



The Benefits of Emotional Intelligence

By Nancyruth Leibold



Emotional intelligence is a critical skill in any environmental format (online, phone, face-to-face). Emotional intelligence (EI) is the skill of recognizing or anticipating the sentiments of others and then acting on this to provide tactful support to the other person (Tyczowski, Vandenhouten, Reilly, Bansal, Kubsch, & Jakkola, 2015). Emotional intelligence is a lifelong developmental area. Main aspects of emotional intelligence are (Akers & Porter, 2018):

1. Self-awareness
2. Self-regulation
3. Motivation
4. Empathy
5. Social skills

Buzdar, Ali, and Tariq (2016) studied student performance and the online learning environment to identify significant factors related to accomplishment. Emotional intelligence was a strong factor. In another study, Goodwin (2016) studied the link between student achievement and online learning and found that emotional intelligence related to self-management was the top factor in predicting learner success. According to Tyczowski et al. (2015), emotional intelligence and transformational leadership correlate with a

positive influence with the use of motivation, and individualized attention of health care team members. Wang et al. (2018) found that leaders can use EI and Transformational Leadership together for the realization a deeper level of meanings. Emotional intelligence skills can be developed to enhance leadership skills. The evidence from these studies support many benefits from developing emotional intelligence!
Nancyruth

References

- Akers, M. & Porter, G. (2018). What is emotional intelligence (EQ)? PsychCentral. Retrieved from <https://psychcentral.com/lib/what-is-emotional-intelligence-eq/>
- Buzdar, M. A., Ali, A., & Tariq, R. (2016). Emotional intelligence as a determinant of readiness for online learning. *International Review of Research in Open and Distance Learning*, 17(1), 148-158.
- Goodwin, W. N. (2016). *Assessing the link between emotional intelligence and online student achievement*. (Order No. 10104366). Available from ProQuest Central; ProQuest Dissertations & Theses Global.
- Tyczowski, B., Vandenhouten, C., Reilly, J., Bansal, G., Kubsch, S.M., & Jakkola, R. (2015). Emotional intelligence (EI) and nursing leadership styles among nurse managers. *Nursing Administration Quarterly*, 39(2), 172-180.
- Wang, L., Tao, H., Bowers, B. J., Brown, R., & Zhang, Y. (2018). When nurse emotional intelligence matters: How transformational leadership influences intent to stay. *Journal of Nursing Management*, 26(4), 358-365. doi:10.1111/jonm.12509

2019 Society Community Service Project

The 2019 Honor Society Annual Food Drive was a huge success! Attendees of the 2019 Spring Summit donated non-perishable food items. The proceeds were taken to the Worthington, MN and Marshall, MN food pantries. Thanks to everyone who participated in the food drive!



Newsletter Chair Transition

By Nancyruth Leibold

This is the last newsletter in my term as the Newsletter Chairperson. It has been my pleasure to serve the Honor Society! I feel confident in Libby Halvorson as the new Chairperson of Newsletters! Libby is no stranger to the Honor Society newsletter as she has served as one of the editors for the past two years. We are fortunate to have an experienced editor, such as Libby take over as the Newsletter Chairperson! Welcome to your new role, Libby!

2018-19 Board of Directors

President	Laurie Jo Johansen
President-Elect	Melissa Kidrowski
Vice President	Laura Schwarz
Secretary	Tami Jo Johnson
Treasurer	
Faculty Counselor	Nancyruth Leibold
Awards Chair	Denae Winter
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Web Master	Nancyruth Leibold
Membership Chair	JoAnn Williams Ruppert
Archivist	Nancyruth Leibold
Program Chair	Nancyruth Leibold
Newsletter Chair	Nancyruth Leibold

2018-19 Newsletter Committee

Chair	Nancyruth Leibold
Member	Libby Halvorson
Member	Josie Loll
Member	Mary Retzlaff

If you are interested in joining the newsletter committee, please contact Nancyruth Leibold at nancyruth.leibold@smsu.edu

