

Honorable News!



Omega Omicron Chapter

Summer 2020

The mission of the Omega Omicron Chapter of Sigma is of advancing world health and celebrating nursing excellence in scholarship, leadership, and service.

Society Newsletter, Volume 3, Issue 1

From the President



Dr. Laurie Jo Johansen, Society President

Gratitude To Those Protecting Us From COVID-19

As you all know, nurses are instrumental as frontline healthcare professionals as our nation and world faced COVID-19. Feelings of caring, compassion, pride, and gratitude surface as we consider the impact nurses are making as healthcare professionals on the frontlines. Thus, we have started a campaign called "Gratitude To Those Protecting Us From COVID-19" to support the nursing students and alumni at SMSU. We will be sending masks and handwritten thank you notes to our SMSU Nursing Students and Alumni, letting them know we are here for them during this time.

If you would like to make a mask, the following link provides you with instructions for sewing masks:

<https://www.avera.org/balance/wellness-and-preventive-care/how-can-i-help-sew-masks-for-health-care-workers/>

You may bring your donated masks to the SMSU Post Office between 10 AM and 2 PM from Monday through Friday. If you are not near campus, you may mail your masks to me at 2595 140th Street, Tyler, MN 56178.

Additionally, if you would like to send a handwritten thank you note to one of our SMSU Nursing Students and Alumni, I have attached a downloadable thank you form that you can use. The thank you form can be printed on 8.5x11 sheet of paper, cut in half, then folded in half to create a thank you note with an area to write your note on the inside. No need for an envelope – as they will be included in an envelope with a mask. **(this is located on page 6 of this newsletter).**

I will distribute gratitude packages to our students and alumni as masks and thank you notes are received. Please let me know if you have any questions – and stay well

Dr. Laurie Johansen, Society President

Spring Elections

Congratulations and welcome to our new Omega Omicron officers for 2020-2022!

We have four new officers to celebrate!

President-Elect, Tami Johnson.
Secretary, Lindsay Rohlik.
Faculty Counselor, Laurie Jo Johansen.
Program Chair, Laura Hoffman.

These officers will begin their roles on July 1, 2020.
Many thanks to all the new officers that will be sharing their talents with Omega Omicron!
Dawn Gordon

receives a \$300 academic scholarship in honor of the late Berniece E. Morris – a psychologist and professor who inspired many nurses during their psychology course work. Dr. Morris is also the mom to our very own Dr. Nancyruth Leibold. Caroline is pursuing a Gerontology Nurse Practitioner degree at Walden University. Congratulations Caroline!

All recipients of the Berniece E. Morris scholarship award are recognized on the annual plaque proudly displayed at SMSU, in the Department of Nursing.

Kudos to all award recipients who continue to make a positive difference in the profession of nursing and in the delivery of an exceptional healthcare experience.

Angela Chesley

2020 Omega Omicron Awards

By Angela Chesley

Each year the Omega Omicron chapter recognize 4 nurses who have gone "above and beyond" in demonstrating professional excellence. The selection process is based on written nominations submitted and voted by Omega Omicron peer members that demonstrate the attributes according to the individual award criteria.

Congratulations to the 2020 Omega Omicron Chapter Award recipients:

- Outstanding Nursing Student: Brenda Carlson
- Emerging Leader: Chelsey Self
- Excellence in Nursing: Dr. Nancyruth Leibold

Additionally, there is one nurse recognized for demonstrating continuous self-improvement by continuing her education in a formal academic program. This years' recipient- Caroline Greve



Omega Omicron Chapter

Member Publishes Two Textbooks in 2020!

Omega Omicron member Nancyruth Leibold published two textbooks in 2020. The first textbook is a second edition text of her work with critical thinking in nursing. Leibold uses the textbook in a Clinical Reasoning course she teaches in the RN to BSN program at Southwest Minnesota State University. Nancyruth is sharing the textbook as free and open. You can find it at:

Leibold, N. (2020). *The praxis of critical thinking in nursing*. (2nd ed.). St. Paul, MN: Nanza Publications. Creative Commons License: BY NC ND. Available at <https://thepraxisofcriticalthinkinginnursing.yolasite.com/>



SECOND EDITION

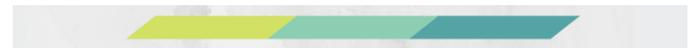
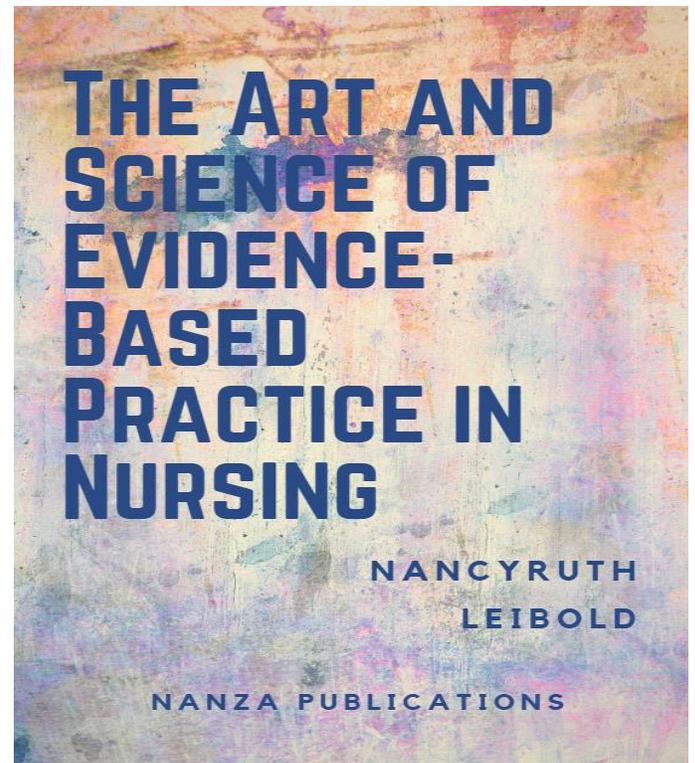
THE PRAXIS OF CRITICAL THINKING IN NURSING

By Nancyruth Leibold

NANZA PUBLICATIONS

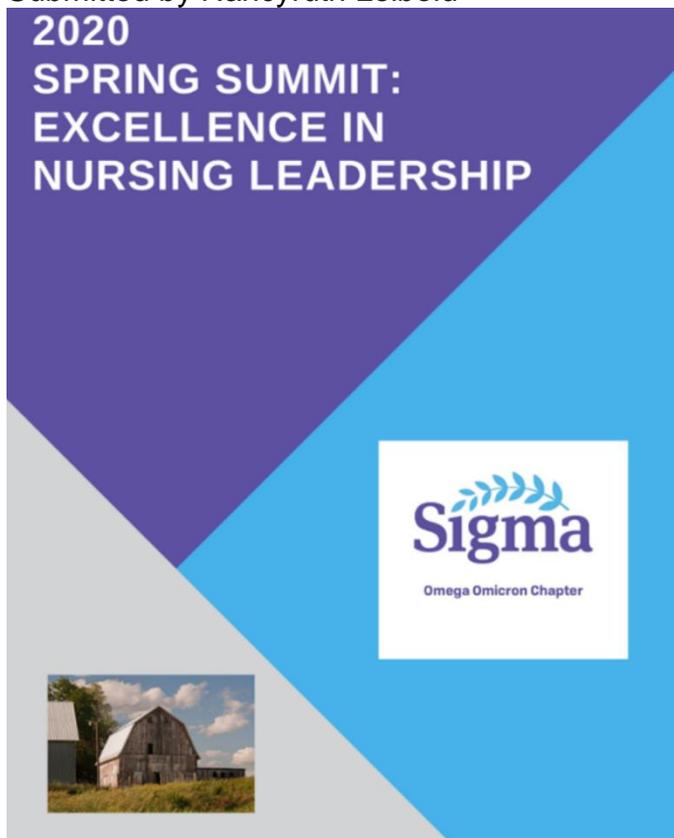
Nancyruth also published an evidence-based practice textbook. She uses the textbook in an Evidence-Based Practice course in the RN to BSN program at Southwest Minnesota State University. Nancyruth is sharing the textbook as free and open. You can find it at:

Leibold, N. (2020). *The art and science of evidence-based practice in nursing*. St. Paul, MN: Nanza Publications. Creative Commons License: BY NC. Available at <https://www.softchalkcloud.com/lesson/serve/Au0xZt1zQdV67O/html>



2020 Spring Summit: Excellence in Nursing Leadership

The 2020 Spring Summit: Excellence in Nursing Leadership was attended by 131 nurses and nursing students via Zoom web conference this year. Due to the Covid19 pandemic, the Summit was moved from an in-person conference to a web conference venue for safety and health reasons. The speakers, Dr. Mary Bemker, Dr. Nancyruth Leibold, and Tami Johnson spoke about leadership topics. Practical and easy to apply information was the focus of the presentations. The poster presentations were held online as well. Thanks to all who attended and made the 2020 Spring Summit: Excellence in Nursing Leadership a huge success!
Submitted by Nancyruth Leibold



Spring Summit Image by Nancyruth Leibold;
Barn Photo Credit: Carl Wycoff, Flickr, CC BY



Luis Argerich, CC, BY, NC

The Show Ends

The great display of planetary conjunctions of May ends, the crescent Moon and Venus are still visible and bright while the first rays of sunrise create a shadow in the sky. Buenos Aires, Argentina.

Planetary Health and Nursing

By Nancyruth Leibold

Planetary Health is an area of interdisciplinary specialization that is growing internationally. It was introduced in 2015 in the Lancet as a new way of looking at public health/policy making (Johns Hopkins Bloomberg School of Public Health, 2017). **Planetary Health** is a health field specialty that focuses on the human-earth relationship specific to health (Planetary Health Alliance, 2020). For example, one impact humans have made on the earth is pollution. Another example is urbanization. Although planetary health may seem very much like public health and global health, the differences are that planetary health includes resource consumption, politics, economics, and social systems (Johns Hopkins Bloomberg School of Public Health, 2017). Another example is to preserve farmland for the future. Human health and planet earth are intertwined. Nurses are key stakeholders in Planetary Health and considered a vital aspect (Kurth, 2017). For example, nurses are instrumental in areas of natural disasters, pandemics, health education, and lead poisoning prevention. In this growing area, nurses will begin or continue to receive further professional education about

the role of Nursing in Planetary Health as a key interdisciplinary practice participant. Stay tuned!

For more on Planetary Health, see:

Planetary Health: The Future is Now (Video):

<https://www.youtube.com/watch?v=atAU0OJWFi0>

Why is Planetary Health So Important?

(Video):

<https://www.youtube.com/watch?v=IWYS02AueU8>

References

Johns Hopkins Bloomberg School of Public Health.

(2017). What's the difference? Planetary health explained. Retrieved from

<https://www.globalhealthnow.org/2017-09/whats-difference-planetary-health-explained>

Kurth, A. E. (2017). Planetary health and the role of

nursing: A call to action: Planetary health and nursing. *Journal of Nursing Scholarship*, 49(6), 598-605. doi:10.1111/jnu.12343

Planetary Health Alliance. (2020). Planetary health.

Retrieved from

<https://www.planetaryhealthalliance.org/planetary-health>



2019-20 Newsletter Committee

Chair	Libby Halvorson
Webmaster	Nancyruth Leibold
Member	Allan Johnson

If you are interested in joining the newsletter committee or writing an article, please contact Libby Halvorson at libbyh1069@hotmail.com

FROM THE SMSU FAMILY

Thank You

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Thank You

Gratitude To Those Protecting Us From COVID-19

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